

University of North Texas at Dallas
Spring 2019
Syllabus for AGER 4750 SEXUALITY IN AGING

Table 1 Course Information

Department of	Human Services	School of	Education and Human Services
Instructor Name:	Iftekhar Amin, Ph.D.		
Office Location:	Dallas 2, Room# 327		
Office Phone:	972-338-1380		
Email Address:	Iftekhar.amin@untdallas.edu		
Office Hours:	Mondays 10 am-1 pm; 2:20- 3:20 pm		
Classroom Location:	Online		
Class Meeting Days & Times:	Online		
Course Catalog Description:	One of the most pervasive myths of aging is that older people are non-sexual. This course challenges popular stereotypes and examines sexual attitudes, activity and behavior as people age. In addition to common social beliefs and attitudes that may affect the opportunity for sexual expression among older adults, biological changes and sexual response are explored, as are other aspects of intimacy important to aging individuals.		
Prerequisites:	None		
Required Text:	<p>TITLE: The New Love and Sex After 60</p> <p>AUTHOR: Robert Butler & Myrna I. Lewis,</p> <p>PUBLISHER: Ballantine Publishing Group</p> <p>YEARS PUBLISHED: 2002</p> <p>EDITION: Third Revised Edition: February 2002</p>		
Access to Learning Resources:	<p>UNT Dallas Library: phone: (972) 780-1616 web: http://www.untdallas.edu/library email: library@untdallas.edu</p> <p>UNT Dallas Bookstore: phone: (972) 780-3652 web: http://www.untdallas.edu/bookstore e-mail: untdallas@bkstr.com</p>		
<p>Supported Browsers: Chrome 67 & 68 Firefox 60 & 61 Flash 29, 30 (for audio/video) Internet Explorer 11 Edge 41, 42 Respondus Lockdown Browser Safari 10, 11</p> <p>Supported Devices:</p>	<p>Getting Help with Canvas:</p> <p>Canvas 24/7 Phone Support for Students: 1-833-668-8634</p> <p>Canvas Help Resources: Web: Canvas Student Guide</p> <p>For additional assistance, contact Student Assistance (Distance Learning): Founders Hall, Rm 124 phone: (972)338-5580 email: distancelearning@untdallas.edu</p>		

<p>iPhone Android Chromebook (Tablet users can use the Canvas app)</p> <p>Screen Readers: VoiceOver (Safari) JAWS (Internet Explorer) NVDA (Firefox) <i>Note: There is no screen reader support for Canvas in Chrome</i></p>	<p><i>If you are working with Canvas 24/7 Support to resolve a technical issue, make sure to keep me updated on the troubleshooting progress.</i></p> <p><i>If you have a course-related issue (course content, assignment troubles, quiz difficulties) please contact me during office hours or by email.</i></p>
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Course Goals or Overview: The goals of this course are as follows -

This course examines sexuality, intimacy and relationships in older adults. Students will become acquainted with the common social beliefs and attitudes that may affect the opportunity for sexual expression among older adults. The student will be made aware of biological and physiological changes that take place as females/males age and how these changes relate to the expression of sexuality and sexual function.

Learning Objectives/Outcomes: At the end of this course, students will be able to:

1	Demonstrate understanding of human need and desire for intimacy throughout the course of life.
2	Identify existing community resources and services available to this identified target population.
3	Recognize the emotional, psychological and spiritual aspects of intimacy important to the aging individual.

Online/Hybrid Course Outline

This schedule is subject to change by the instructor. Any changes to this schedule will be communicated in class or via class email or Canvas announcement. Additional readings and activities may be added, these will be noted in the Readings and Activities/Assignments sections.

Table 2 Course Schedule

Schedule	Topic	Activities	Due Date
Module 1 Weeks 1 & 2 Jan 14-27	The New Love and Sex after 60 Normal Physical Changes in Sexuality as We Age Common Medical Problems that Affect Sexuality	Introduce yourself Discussion 1 Quiz 1	Jan 27
Module 2 Weeks 3 & 4 Jan 28- Feb 10	Sexually Transmitted Diseases Erectile Dysfunction (Impotence)	Quiz 2 Discussion 2	Feb 10
Module 3 Weeks 5 & 6 Feb 11- 24	Erectile Dysfunction (Impotence) Article Sexual Fitness	Quiz 3 Assignment 1	Feb 24
Module 4 Weeks 7 & 8 Feb 25 –Mar 10	Sexual Fitness Article	Exam 1	March 10
Module 5 Weeks 9 & 10 March 11-24	Spring Break Week 9 Common Emotional Problems with Sex		
Module 6 Weeks 11 & 12 Mar 25- April 7	The Effects of Drugs (Including Alcohol) and Surgery on Your Sexuality Article	Quiz 4 Discussion 3	April 7
Module 7 Weeks 13 & 14 April 8- 21	Widowed, Separated, Divorced or Single New Relationships Learning New Patterns of. Lovemaking	Quiz 5 Discussion 4 Exam 2	April 21
Module 8 Weeks 15 & 16 April 22- May 5	Dating, Remarriage, and Your Children Where to Go for Help	Quiz 6 Assignment 2	May 5
Final Week May 6-12		Research Paper	May 12

Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

1. **RESEARCH PROJECT**

Students will submit a research paper on a course related issue. Your topic must be submitted in advance to the instructor for approval. The purpose of this paper is to provide an up-to-date analysis of a current issue in sexuality and aging which centers on a topic related to gerontology or aging in general. It is intended to inform those affected by a particular issue; therefore it must be balanced and should be relatively comprehensive. The paper is a research paper, intended to bring the best, most current information to bear on an important topic. It should synthesize and summarize existing information in clear and insightful ways; it will not contribute new, original data. This paper will be worth of 60 points. Detail instructions for the project will be provided in Canvas.

2. ASSIGNMENTS

Students will be required to submit 2 assignments. The 2 assignments together will be worth of 40 points (20 X2). Detail instructions on these assignments will be posted on Canvas. It is the student's responsibility to approach the instructor **in advance** of a due date if further explanation is necessary. **Students who miss a deadline must document an illness or family emergency to become eligible for turning in assignments without penalty.** Failure to do so will result in an assigned zero. The qualifying student will be given 7 calendar days following the missed date. Beyond the 10-day period, except under extreme circumstances, no late assignments will be allowed and a zero will be assigned.

3. QUIZZES

There will be 6 quizzes (10X 6= 60 points). These quizzes will include multiple choice and true/false questions and will be based on the assigned reading materials for the particular week(s).

4. ONLINE CLASS DISCUSSIONS

For 4 times throughout the semester students will be asked a specific question or questions related to course materials. These questions will be posted in CANVAS. You will have a minimum of FIVE DAYS to post your response, read statements from other students and submit comments to them. Discussion Area submissions are worth total 100 points. Here are some guidelines regarding your participation in these class discussions.

1. For each question or questions that I've designated for a particular chapter, submit your well-considered response. Then, take a look at what others have said on the topic. Respond to at least TWO of your fellow students with at least one comment/question regarding something they have said.
2. As far as evaluating your discussion responses, I will be interested in whether a response shows an understanding of the concepts/theories covered in course materials or discussed in the class. Applying these concepts accurately shows your familiarity with the reading as well as your ability to apply it. Avoid simply repeating what others have already said in their responses. Take some time to offer different examples or ways of analyzing the issue. Also, it's important to remember that this isn't a talk show where it's adequate to simply state your personal opinion. Earning an "A" on the discussions requires going beyond the minimal requirements of the assignment.
3. Remember, this isn't The Jerry Springer Show. Occasionally, it's apparent that a response is meant to be cute or funny, but not serious and thoughtful. I'm not looking for comedic talent. The discussions require more than having a conversation with your colleagues in the class.
4. I strongly recommend that you take the time to compose your discussion response (e.g., in your software program like Microsoft Word or Works), save it and then post it in the Discussion Area. Always keep a copy of your discussion responses in case of a technical problem on the course website.

5. EXAMS

There will be two exams, a midterm exam and a final examination.

GRADING MATRIX

Grading Matrix:

Instrumen	Value (points or	Total
Research project	One Research paper	100
Assignments	2 Assignments at 20 points each	40
Quizzes	6 quizzes at 10 points each	60
Four online discussions	4 discussions at 25 points each	100
Exam 1	100 points	100
Exam 2	100 points	100
Total:		500

Grade Determination:

A = 450-500 pts; i.e. 90% or better

B = 420 – 449 pts; i.e. 80 – 89 %

C = 350 – 419 pts; i.e. 70– 79 %

D = 300 –349 pts; i.e. 60 – 69 %

F = 239 pts or below; i.e. less than 60%

University Policies and Procedures

Students with Disabilities (ADA Compliance):

Chapter 7(7.004) Disability Accommodations for Students:

The University of North Texas at Dallas makes reasonable academic accommodation for students with disabilities. Students seeking accommodations must first register with the Disability Services Office (DSO) to verify their eligibility. If a disability is verified, the DSO will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, DSO notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet/communicate with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see [Disability Services Office](#). You may also contact them by phone at 972-338-1777; by email at UNTDdisability@untDallas.edu or at Building 2, room 204.

Canvas Instructure Accessibility Statement:

University of North Texas at Dallas is committed to ensuring its online and hybrid courses are usable by all students and faculty including those with disabilities. If you encounter any difficulties with technologies, please contact our ITSS Department. To better assist them, you would want to have the operating system, web browser and information on any assistive technology being used. [Canvas Instructure Accessibility Statement is also provided.](#)

NOTE: Additional instructional technology tools, such as Turnitin, Respondus, Panopto, and publisher cartridge content (i.e. MyLab, Pearson, etc.) may NOT be fully ADA compliant. Please contact our

Disability Office should you require additional assistance utilizing any of these tools.

Course Evaluation Policy:

Student's evaluations of teaching effectiveness is a requirement for all organized classes at UNT Dallas. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider students' evaluations to be an important part of your participation in this class.

Assignment Policy: (According to the instructor's discretion while working in concert with the division/program's guidelines).

Exam Policy: (Online exams and the ability to retake is solely at the instructor's discretion). NOTE: Online exams may be proctored on campus per instructor's discretion.

Academic Integrity:

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of Academic Integrity policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to [UNT Dallas' Student Code of Academic Integrity](#) for complete provisions of this code.

Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabrication of information or citations, facilitating acts of dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students.

Web-based Plagiarism Detection: Please be aware in some online or hybrid courses, students may be required to submit written assignments to Turnitin, a web-based plagiarism detection service, or another method. If submitting to Turnitin, please remove your title page and other personal information.

Classroom Policies

Online Attendance and Participation:

The University attendance policy is in effect for this course. Class attendance in the Canvas classroom and participation is expected because the class is designed as a shared learning experience, and because essential information not in the textbook will be discussed in the discussion board. Online presence and participation in all class discussions is essential to the integration of course material and your ability to demonstrate proficiency.

Attendance for this online or hybrid course is considered when you are logged in and active in Canvas, i.e., posting assignments, taking quizzes, or completing Discussion Boards. To maintain financial aid award eligibility, activity must occur before the census date of the session or term of the course. Refer to [UNT Dallas' Registrar](#) for specific dates. If you are absent/not active in the course shell, it is YOUR responsibility to let the instructor know immediately, upon your return, the reason for your absence if it is to be excused. All instructors must follow university policy 7.005 covering excused absences; however,

it is the instructor's discretion, as outlined in the course syllabus, of how unexcused absences may or may not count against successful completion of the course.

Inclement Weather and Online Classes: Online classes may or may not be effected by campus closures due to inclement weather. Unless otherwise notified by your instructor via e-mail, online messaging, or online announcement, students should assume that assignments are due as scheduled.

Online "Netiquette":

In any social interaction, certain rules of etiquette are expected and contribute to more enjoyable and productive communication. Emails, Discussion Board messages and/or any other forms of written communication in the online environment should use proper "netiquette" (i.e., no writing in all caps (usually denotes yelling), no curse words, and no "flaming" messages (angry, personal attacks).

Racial, ethnic, or gender slurs will not be tolerated, nor will pornography of any kind.

Any violation of online netiquette may result in a loss of points or removal from the course and referral to the Dean of Students, including warnings and other sanctions in accordance with the University's policies and procedures. Refer to [UNT Dallas Student Code of Conduct](#). Respect is a given principle in all online communication. Therefore, please be sure to proofread all of your written communication prior to submission.

Diversity/Tolerance Policy:

Students are encouraged to contribute their perspectives and insights to class discussions in the online environment. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Disruptions which violate the Code of Student Conduct will be referred to the Dean of Students as the instructor deems appropriate.

Technology Assistance: In order to successfully access the materials in an online or hybrid course, UNT Dallas advises that your computer be equipped with the minimum system requirements listed on the first page of the syllabus.

If you experience difficulty accessing or using components of the course, try using Google Chrome browser. If you still experience technical difficulties, first, notify your instructor.

If the problem is still not resolved, call Student Assistance (Distance Learning) at the phone number listed on the first page of the syllabus. Also, no matter what browser you use, always enable pop-ups. For more information see:

- [UNT Dallas Canvas Technical Requirements](#)
- [Canvas Instructure Supported & Unsupported Operating Systems](#)